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**APRIL 23 @ 9:30AM**



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# Friendship Senior Center

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friendship-center/senior-center

## MARCH 2019 NEWSLETTER



### What's Happening

Sunday, March 10th, at 2:00 AM — **Daylight Saving Time begins!** Remember to set clocks AHEAD one hour.



**CRAFT NEWS:** An additional **668 items** (hats, mittens, baby blankets, sweaters and afghans) **have been made and donated to charity.** Join our knitters and crocheters for fellowship and to make items for charity! See the calendar for days and times. They will even teach you to knit and crochet if you would like to learn.



Do you like to plan parties? Entertain? We'd love to have you on our **Program/Party Committee!** The Program Committee meets on the first Friday of each month at 9:30AM. Let us know if you are interested in helping.



**The Center for Advocacy for the Rights and Interests of the Elderly (CARIE)** program on **Detecting Medicare Abuse and Fraud** has been rescheduled for Tuesday, April 9th, at 10:15AM.



## Thank You!

....**Jason Turri** and **Ecumenical Communities** for the cake to celebrate the Senior Center's 19th Birthday, **Richard Lytle** for the delicious barbeque, and **all** who helped with set-up, serving, and clean-up!



The **Atlantic City Resorts Casino Trip** has been rescheduled for **Thursday, April 25th** — cost \$40 (\$25 play, \$10 food voucher). We've secured a 40 passenger bus, so reserve your seat early! (This trip was originally scheduled for March 28th.)



### SUNSHINE CORNER





....**Deanna Rhodes**

(Please inform the desk of anyone needing a cheery word or prayers.)



If Central Dauphin School District is **closed** or has a **2 hour delay due to the weather** the Senior Center is **CLOSED** (no Aquacise).

# March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Open 8AM – 3PM Program Committee Meeting 9:30AM	2 Closed
3 Closed	4 Open 8AM – 3PM	5 Open 8AM – 3PM Blood Pressure Check 8:30-9:30AM Happy Fastnacht Day! 	6 Open 8AM – 3PM Ash Wednesday 	7 Open 8AM – 3PM	8 Open 8AM – 3PM Executive Board Meeting 9:00AM	9 Closed
10 Closed 	11 Open 8AM – 3PM	12 Open 8AM – 3PM	13 Open 8AM – 3PM Blood Pressure Check 8:30-9:30AM	14 Open 8AM – 3PM	15 Open 8AM – 3PM	16 Closed
17 Closed Happy St. Patrick's day!	18 Open 8AM – 3PM	19 Open 8AM – 3PM Craft Sale 8-11AM	20 Open 8AM – 3PM General Membership Meeting 9:30AM 	21 Open 8AM – 3PM	22 Open 8AM – 3PM	23 Closed
24 Closed	25 Open 8AM – 3PM	26 Open 8AM – 3PM	27 Open 8AM – 3PM	28 Open 8AM – 3PM	29 Open 8AM – 3PM	30 Closed
31 Closed						

### Every Monday:

8:00—9:00 Light Aerobics  
8:30 & 11:45 Aquacise (\$3 per class, Therapy Pool)  
10:00—11:00 Tai Chi  
1:00—2:00 Line Dancing



### Every Tuesday:

8:00—9:00 PEPPI/HSIMC  
8:40 Aquacise (\$3 per class, Lap Pool)  
9:00—11:30 Group Knitting and Crocheting  
10:30 —11:30 Beginner Italian Class (conf. room)  
12:30 Bridge Club  
12:30 Cash Bingo  
1:00 Lap Swimming/Walking (\$3)

### Every Wednesday:

8:00— 9:00 Light Aerobics  
8:30 & 11:45 Aquacise (\$3 per class, Therapy Pool)  
9:00—12:00 Casual Art Class w/ Marty  
10:00—11:00 Spanish Class  
11:30—12:30 Tai Chi  
12:30 Mah Jong  
1:30-2:30—Tap Dancing (will continue thru March & April)

### Every Thursday:

8:00—9:00 PEPPI/HSIM  
8:40 Aquacise (\$3 per class, Lap Pool)  
10:00 Scrabble  
10:30—11:30 Advanced Italian Class (conf. room)  
12:00—3:00 Casual Art Class w/ Marty  
1:00 Group Sewing & Crafting  
1:00 Lap Swimming/Walking (\$3)

### Every Friday:

8:00—9:00 Light Aerobics  
8:30 & 11:45 Aquacise (\$3 per class, Therapy Pool)  
9:30 Bridge Classes w/ Mr. Henning  
12:00 Group Knitting and Crocheting

