

# Summer Recreation Guide



PARKS &  
RECREATION

425 Prince Street, Suite 170  
Harrisburg, PA 17109  
717-657-5600  
[www.lowerpaxtonparksandrec.com](http://www.lowerpaxtonparksandrec.com)



R=Resident  
NR=Non-Resident

## Summer Camp

June 13 -  
August 19

NEW IN 2022  
FIELD TRIPS

MONDAY - FRIDAY  
8 AM TO 1 PM



Register Online: [tinyurl.com/y4rcx59z](http://tinyurl.com/y4rcx59z)

HALF DAY,  
OUTDOOR CAMP  
Ages 6 - 12



presents

To Register: [bit.ly/ArtsandParks5K](http://bit.ly/ArtsandParks5K)



## Parks & Recreation Classes & Programs

### **Fitness / Yoga**

#### **Step w/ Sunny (Ages 16+)**

Mid to advanced level step class involving choreography. End with stretches and a short ab workout.

Session 1: Mon., 8:30 am - 9:15 am; May 16 – June 13\*

Session 2: Mon., 8:30 am - 9:15 am; June 27 – Aug. 1\*

Session 1: Wed., 8:30 am - 9:15 am; May 18 - June 15

Session 2: Wed., 8:30 am - 9:15 am; June 29 – Aug. 3

Location: Heroes Grove Amp., Brightbill Park

Fees: \$38 R / \$44 NR (5 Weeks)

\$30 R / \$35 NR (4 weeks)\*

#### **Beginner Yoga w/ Sharon (Ages 16+)**

Learn basic yoga postures: sitting, standing, and lying down. Emphasis on breathing & alignment. Bring a yoga mat.

Session 1: Tues., 10 - 10:45 am; May 17 – June 14

Session 2: Tues., 10 - 10:45 am; June 28 – Aug. 2\*

Location: Heroes Grove Amp., Brightbill Park

Fees: \$38 R / \$44 NR (5 weeks)

\$45 R / \$51 NR (6 weeks)\*

#### **Mixed Yoga w/ Sharon (Ages 16+)**

A Flow Vinyasa class that builds strength and challenges flexibility and balance. Bring a yoga mat.

Session 1: Thurs., 9 - 9:45 am; May 19 – June 16

Session 2: Thurs., 9 - 9:45 am; June 30 – Aug. 4\*

Location: Heroes Grove Amp., Brightbill Park

Fees: \$38 R / \$44 NR (5 weeks)

\$45 R / \$51 NR (6 weeks)\*

#### **Pilates (Ages 16+)**

Mat Pilates is an excellent core muscle workout for the back, abdomen & neck! Plus total body exercises including balance and a relaxation phase at the end. Bring a mat.

Session 1: Mon., 9:30 - 10:15 am; May 16 – June 13\*

Session 2: Mon., 9:30 - 10:15 am; June 27 – Aug. 1\*

Session 1: Wed., 9:30 – 10:15 am; May 18 – June 15

Session 2: Wed., 9:30 - 10:15 am; June 29 – Aug. 3

Location: Municipal Center, Room A

Fees: \$38 R / \$44 NR (5 weeks)

\$30 R / \$35 NR (4 weeks)

#### **Gentle Yoga & Sound Immersion w/ Sharon (16+)**

Slower paced outdoor mat class using standing and seated positions. Gain strength, endurance and balance as well as stress relief & relaxation. You will experience a variety of healing sound vibrations; metal and crystal singing bowls, rattles, drums and sound tools.

Date: Mon., 6-7:30 pm; May 23

Mon., 6 - 7:30 pm; June 13

Mon., 6 - 7:30 pm; July 18

Mon., 6 - 7:30 pm; Aug. 15

Sat., 9 - 10:30 am; July 9

Sat., 9 - 10:30 am; July 9

Location: Heroes Grove Amp., Brightbill Park

Fee: \$22 R / \$26 NR (per class)

#### **Tribe Fitness in the Park w/ Callissa**

An opportunity to try out a variety of Yoga formats.

**Vinyasa Flow** – a moderately paced, active practice of postures flowing together guided by breath. **(5/28)**

**Power Flow** – a fast paced, active practice of movements flowing together guided by breath and offering opportunities for advanced postures. **(6/4)**

**Hatha Yoga** – a gentle practice consisting of postures and breath work offering opportunity for stillness and movement. **(6/11)**

**Barre Flow** - a variety of yoga postures, Pilates and ballet inspire strength movements, and deep stretching seamlessly strung together for a well-balanced class. **(6/18)**

**Mat Pilates** – a classic mat Pilates class focusing on mind to muscle connection and intentional movement to improve strength, mobility and posture. **(6/25)**

Dates: Sat., 9:15 – 10:15 am; May 28 - Jun. 25

Location: Heroes Grove Amp., Brightbill Park

Fee: \$50R / \$65NR (all 5 weeks)



## TRAIL MAINTENANCE DAYS

VOLUNTEER TO HELP KEEP OUR TRAILS CLEAN

CHECK OUT EVENT DATES AND LOCATIONS ONLINE:  
<https://lowerpaxton-pa.gov/425/volunteer>



# Walking Opportunities

In Lower Paxton Township

<https://tinyurl.com/2p9xyumr>



## Leisure Activities

### Pickleball Clinic w/ Noli (Ages 16+)

Pickleball is the fastest growing sport across the country. Clinic will include instruction, drills and match plays. Small group setting will provide opportunities for all skill levels.

Session 1: Mon., 8 - 9 am; May 23 - July 11

Session 2: Mon., 9 - 10 am; May 23 - July 11

Location: Brightbill Park, Tennis Courts

Fee: \$60 R / \$72 NR (6 weeks)

### Paint in the Park with Spritz & Splatter (Ages 16+)

Unwind after a long day at work with some peaceful painting in the park. Create your very own canvas masterpiece! Get step by step instruction from the professionals. All supplies provided. Wear paint clothing.



Wednesday, June 15, 5 - 6:30 pm

George Park Pavilion

Fee: \$30 R / \$36 NR (1 class)

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*Do you love the arts?!*

The Arts Council is seeking new members. Interested in getting more involved in your community? Submit an application today!

Application available online:  
<https://tinyurl.com/2s48hp6j>

## Youth Classes

### Parent & Pal Paint in the Park w/ Spritz & Splatter (Ages 5+)

Enjoy an afternoon with your favorite little pal creating your very own canvas masterpiece! Get step by step instruction from the professionals. All supplies provided. Wear paint clothing.

Date: Sun., 2 - 3:30 pm; June 5

Location: George Park, Pavilion

Fee: \$30 R / \$36 NR (1 adult & 1 child)

\$6 for additional child or parent

### Hoop Skills w/ Coach Glenn (Ages 5-7)

Instructional program focused on basketball basics, with mini-games at the end. T-Shirt Included.

Dates: Fri., 5:30 - 6:30 pm; June 3 – July 15

Location: Brightbill Park, Basketball Courts

Fee: \$65 R / \$78 NR (6 classes)

### Tiny Tigers Fitness Train (Ages 4-5)

All aboard the fitness train! Learn age appropriate exercises with a martial arts twist to develop self-control, confidence, listening and motor skills.

Dates: Mon., 3:45 – 4:30 pm; May 23 – July 11

Location: Municipal Building, Room A & B

Fee: \$60 R / \$68 NR (6 classes)



### HELP CLEAN UP LOWER PAXTON PARKS!

Volunteer the first Sunday of each month.

Register Online:

<https://secure.rec1.com/PA/lower-paxton-township-pa/catalog>

May 1 - Koons Park

June 5 - Kohl Park

July 3 - George Park



Playground runs Tuesday & Thursdays,  
June 14 through August 18

Registration Opens: Monday, April 18

Sign in to our online system and create an account to  
register: [tinyurl.com/lxcyn7ic](https://tinyurl.com/lxcyn7ic)

Hosted at Koons Park

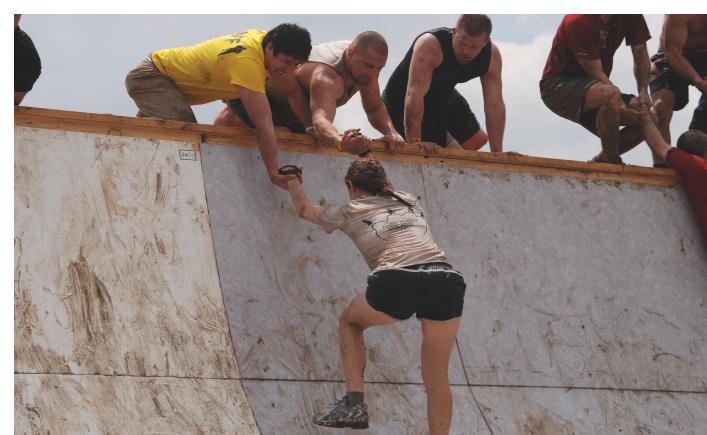
### Soccer Shots (Ages 2-5)

This high-energy program introduces children to fundamental soccer principles, such as using your feet, dribbling, and the basic rules of the game. Using creative and imaginative games, we also highlight positive character traits each session such as respect, teamwork and appreciation.

Dates: Thursdays, June 23 – August 11

Location: George Park

Register at: [harrisburgyork.soccershots.com](http://harrisburgyork.soccershots.com)



### Financial Assistance Program

Limited grant funds are available to assist low-income residents who wish to participate in Lower Paxton's Recreational Programs. Funds are available on a first come-first serve basis. A grant shall cover 50% of the program cost.

For more information, please visit:

<https://www.lowerpaxton-pa.gov/434/Financial-Assistance>

Lower Paxton Township Parks & Recreation presents

# SUMMER CONCERT SERIES



All Concerts are Free & Open to the Public  
Social distancing in place.

at Heroes Grove  
5010 Commons Drive

7:00 -  
8:30 PM

**FRIDAY, JUNE 10**  
**A SOUGHT OUT CITY**  
FOLLOWED BY MOVIE NIGHT: SHARK TALE

**FRIDAY, JUNE 24**  
**LOWER PAXTON VARIETY BAND**

**FRIDAY, JULY 8**  
**D-BO!**

**FRIDAY, JULY 22**  
**SMOOTH LIKE CLYDE**

**FRIDAY, AUGUST 5**  
**RENEGADE 6**

**CONGRATS TO OUR WINNER!**

HOP ALONG TENT CONTEST

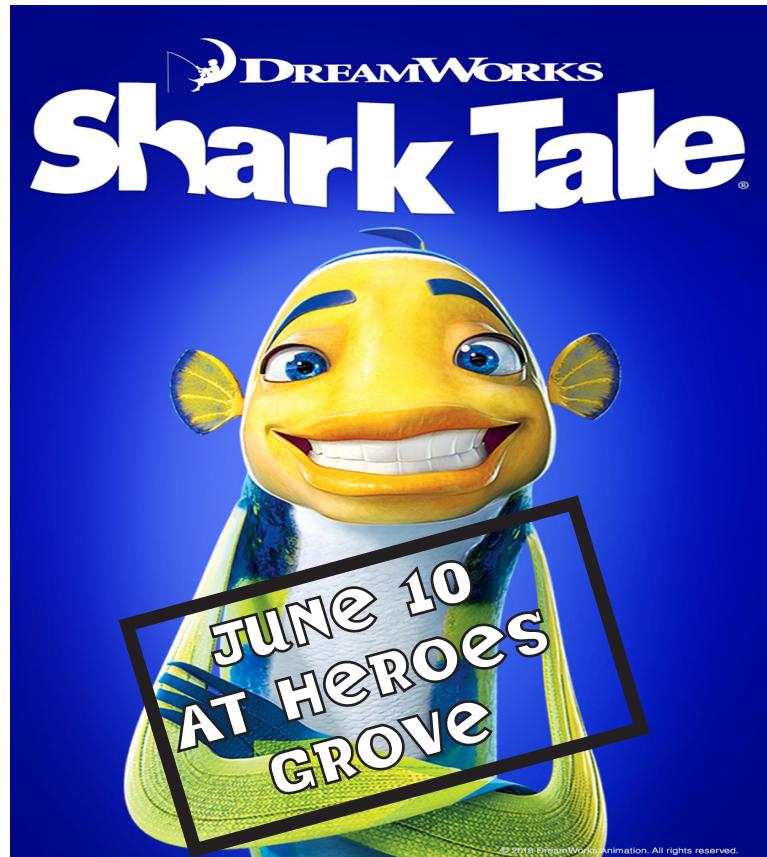


*Rachel Williams*

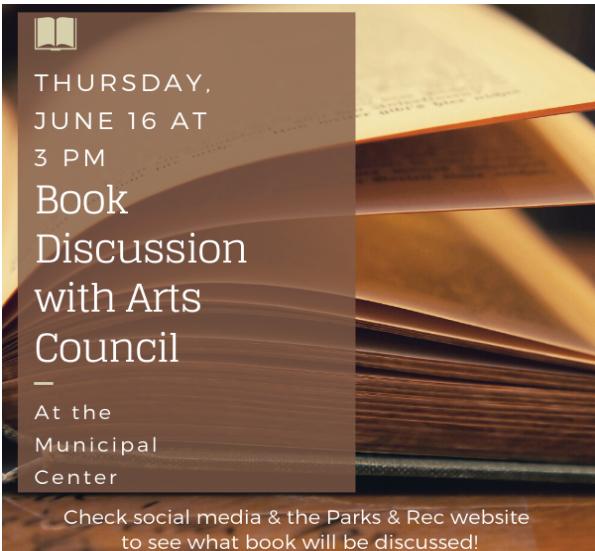
EVERYTHINGISCAKE1@GMAIL.COM

717-443-2038

INSTAGRAM: EVERYTHINGISCAKE\_



## SAVE THE DATE



## Lower Paxton Township **FALL FESTIVAL**

**Saturday, October 1  
1:30 - 5:30 pm  
George Park**

**Activities, Hayrides, Food  
Trucks, Music & More**



# NOW HIRING

Part-Time Seasonal Employees

Summer Basketball Referees  
Park Attendants  
Volleyball Referees  
Summer Camp Counselors

Fill out an application online & email to [parks@lowerpaxton-pa.gov](mailto:parks@lowerpaxton-pa.gov)



Need Space for Your Next Gathering?



Rent a Township Pavilion!

12 Parks to Choose From  
to Host Your Next Event

Sign in to our online system and create an account  
to reserve: <https://bit.ly/lpparks>



Thank you to our Easter Egg Stravaganza  
Hop Along Sponsors & Community Groups!



**HERSHEY**

Lower Paxton Community Engagement Committee  
Boy Scout Troop 386 \* Everything Is Cake  
East Shore Baptist Church \* Lower Paxton Police Department  
Chick-Fil-A \* Kiwanis Club  
Fragrant Butterfly \* Bike A Better Path  
Members 1st \* Friendship YMCA  
Drayer Physical Therapy \* Bishop McDevitt High School  
Ecumenical Retirement Community  
Bahai Faith/commUNITY art  
Kidney Foundation of Central PA

Thank you to all the volunteers and the Easter Bunny!

**Pro-Optix**  
VISION CARE CENTER

**Dr. David J. Bryden**  
Optometrist

4755 Linglestown Rd. Suite 401  
Harrisburg, PA 17112  
[www.pro-optix.net](http://www.pro-optix.net)

Phone: (717) 657-8880



Want to See Your  
Business Here?!?

Contact Barb Guarante  
via email at  
[bguarante@lowerpaxton-pa.gov](mailto:bguarante@lowerpaxton-pa.gov)

New in 2022!

# PARKS *revitalization* PROJECT



IMPROVING OUR PARKS  
FOR FUTURE GENERATIONS

STAY UP TO DATE ON THE  
LATEST PARK  
IMPROVEMENTS & NEWS

[www.lowerpaxtonatwork.com](http://www.lowerpaxtonatwork.com)

Help Keep Our Parks Clean & Safe!

See Something, Say Something



Lower Paxton Township Parks & Recreation  
Promotes a positive play environment. However, if you  
see something, we encourage you to say something.

Report suspicious activity to local authorities.

Emergency: 911

Non - Emergency: 717-558-6900

Share your ideas for the future of the Township  
Park System...

Submit Your Ideas Online!

<https://tinyurl.com/5254uwcr>



## S&T Bank

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[stbank.com](http://stbank.com)



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Looking for a unique gift idea?  
Honor a special family member, group,  
or a friend with a gift of a park bench  
or tree in a Lower Paxton park  
through our Commemorative Gift  
Program.

<https://tinyurl.com/yag9yzt5>

Contact

bguarente@lowerpaxton-pa.gov  
Tree \$500 / Park bench \$1,500  
includes a personalized plaque  
Trees will be planted in spring or fall of  
2022



## Donate Blood!



Your Community Blood Bank

**Save the Date**  
June 24  
at the Municipal Center



## Park Rules

Know the rules before you go!

Visit the Parks & Recreation website for a full list of rules & regulations.

[HTTPS://LOWERPAXTON-PA.GOV/440/PARK-RULES-REGULATIONS](https://lowerpaxton-pa.gov/440/PARK-RULES-REGULATIONS)

*Please be sure to pick up after  
your dog and place waste in  
the proper receptacle.*



A healthy dog is a happy dog! Get out and enjoy the great outdoors with your pet! We welcome leashed dogs in all our parks. If you have well-mannered canines who like a good run or a friendly romp, there is the additional option for free play at Happy Tails Dog Park located in Kohl Park.



# 2022 TRAVEL opportunities



Join your friends from Lower Paxton Township Parks and Recreation on the following day/multiple day motorcoach trips to exciting destinations, attractions and events.



To register, contact Boscov's Travel, Camp Hill Shopping Center  
Call 717-763-1100 or email [bostravcamphill@boscovs.com](mailto:bostravcamphill@boscovs.com)  
[boscovstravel.com](http://boscovstravel.com)



## PHILADELPHIA FLOWER SHOW

Wednesday, June 15, 2022

This year's theme "In Full Bloom", represents good health, positive well-being, and a passion for life that culminates in a gorgeous and colorful spectacle.



## ST. MICHAELS, MARYLAND

Thursday, July 14, 2022

Enjoy roundtrip transportation, lunch at a local's favorite – Crab Claw, a narrated sightseeing cruise along the Miles River and more!



## BALTIMORE INNER HARBOR

Saturday, August 27, 2022

Enjoy reserved, timed admission to the National Aquarium, a 4-D experience, free time to explore the Inner Harbor, roundtrip transportation and more!



## RIDE THE RAILS IN WEST VIRGINIA

Thursday, September 15-17, 2022

Two nights' hotel accommodations and 5 meals are included along with a ride aboard the New Tygart Flyer, two musical shows, admission to the WV Railroad Museum, a visit to Blackwater Falls and more!



Book using your Boscov's Credit Card and receive special financing.

## Join the Greenway Committee...

Parks & Rec is looking for volunteers to serve on the Greenway Committee. Learn about all the Parks & Rec committees on the Township website: [lowerpaxton-pa.gov/251/Boards-Commissions](http://lowerpaxton-pa.gov/251/Boards-Commissions)

Interested? Email [parks@lowerpaxton-pa.gov](mailto:parks@lowerpaxton-pa.gov) for more info!

